

EXPECTORATE TO DETECT COMMON GERMS

Instructions for sample collection

CONTAINER	<p><u>Sterile</u> plastic container with wide mouth screw cap.</p> 
PROCEDURE	<ul style="list-style-type: none"> Any antibiotic therapy must have been concluded at least 7 days before undergoing the test. Collect the first morning sample, as it is the one most representative of the lung secretions accumulated during the night. Perform good oral hygiene, rinsing with water without using any toothpaste or mouthwash. With a deep cough, expectorate directly into the holding it against the lower lip. Close the container tightly by screwing the cap. Avoid introducing salivary material or nasal secretions into the collection container, and repeat the procedure from the start otherwise.
STORAGE	<p>Deliver the container to the Blood and Urine Test Centre in accordance with the opening hours, within 2 hours of collection.</p>
REMARKS	<p>Delayed delivery might result in "False negatives" (loss of particularly sensitive microorganisms) or "False positives" (overgrowth of contaminating microorganisms).</p> <p>NB: The suitability of the collected sample is assessed by microscopic observation thereof in order to determine the possible degree of salivary contamination. An excessive salivary contamination of the sample is an indicator of its UNSUITABILITY.</p>

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